

# SADBURY VALLEY NEW HORIZONS MUSIC

Don't just listen to the music,  
come play with us!

Haven't played in years (decades)?  
Never had the opportunity  
to learn to play? Now is your moment!

We'll get you started.  
It's never too late!!!

*For more information*

*call Diane at:*

**978-261-5065**

[www.svnhb.org](http://www.svnhb.org)

[info@svnhb.org](mailto:info@svnhb.org)

Sudbury Valley



But what are those  
little black marks on  
the page?

We'll teach you!

# *Sudbury Valley New Horizons Music, Inc.*

*A 501(c)(3) organization. WWW.SVNHM.ORG*

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## **WELCOME!!!!**

We are so glad you are here! We hope you will find joy, excitement and new friends through making music. If you are brand new to music making and aren't even sure what those little black marks mean on the paper, you are in the right place. If you played years (decades) ago, but haven't looked at the instrument since, you are in the right place. If you played another instrument, but want to learn something new, you are in the right place. If you've been taking lessons recently or brushing up on your own, you are in the right place!!! If you play quite well, but want a more relaxed atmosphere, you too, are in the right place!

We have several groups for both strings and band:

- 1- Beginner classes
- 2- An "I-don't-remember-which-end-to-blow-in" help session
- 3- An intermediate group, one for strings and one for band

You will move from one group to another, as YOU are ready. Some people will stay with us for a long time, others will use us to get up to speed and go off and play in a community band or orchestra somewhere.

Some of you are probably kind of nervous ("Can I do this??" "Will my arthritis be a problem?" "I failed flute in junior high." "Will I have enough air?" "I don't want to make a fool out of myself!"). Our promise to you is to help you learn and to help you replace these questions with, "I CAN!"

If you've never played before, you may be nervous about learning to read music. A lot of people wonder about the mystery of those little black marks on the paper. You will learn them one at a time; when you are actually using the symbols on the page, they begin to make sense. Before you know it, seeing a note on a line will cause your fingers to move in a particular way without you having to think about it!

If you are returning to your instrument, you may find some frustration, some exhilaration. You will be frustrated that your muscles get tired quickly and that they sometimes don't seem to remember what to do. You will be exhilarated by again hearing and feeling the sounds you used to make and that you loved so much! You will be frustrated at what you have forgotten, but exhilarated by what you remember! Specifically, everyone will find that their muscles get tired quickly and that the tone isn't what they expect. Brass players will most likely find that they miss a lot of notes and shake a bit. Saxes and clarinets will squeak again (OH, NOOO!!!!). Strings & flute players will have very tired shoulders holding up that

instrument. Percussionists won't have the control and finesse that they used to have. But guess what? It will come back VERY quickly!! You'll be pleased and surprised!

(There are more "Frequently Asked Questions (FAQs) on our website. Check it out. SVNHM.org)

Please feel free to call or email us with any questions you have.

Cordially,  
Diane Muffitt, band  
Dorcas McCall, strings

And remember... **YOUR BEST IS GOOD ENOUGH!**

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## **The Sudbury Valley New Horizons Band or Strings. . .**

- 🎵 Provides an entrance into the world of group instrumental music making for adult beginners
- 🎵 Provides a way back into playing an instrument after several years or decades away from it.
- 🎵 Is a non-competitive and non-intimidating musical environment in which “Your best is good enough!” (Roy Ernst, founder of the first New Horizons band)
- 🎵 Is a social organization for adults who love music and want to work together to make the group happen
- 🎵 Is for adults who enjoy making music!!!

## **Members include. . .**

- 🎵 All interested mature adults – you can be 30, you can be 100 – any adult who wants to play an instrument!
- 🎵 Beginners, returnees, those who have studied for a while already!
- 🎵 People of all ability levels! Friends and family members who are active instrumental musicians (or even professionals!) can be part of the group, too!
- 🎵 Beginners and musicians living in independent living and assisted living facilities!
- 🎵 People who live in Wayland and surrounding towns (Weston, Natick, Framingham, Sudbury, Lincoln, Wellesley) -- or anywhere else!

## **Classes & rehearsals are. . .**

- 🎵 Both the String Ensemble and the Band, and our beginners/novice players meet Wednesday evenings from 6:30 to 8:15 PM (most people arrive between 6:15 – 6:30. Earlier is OK, too!) at Wayland Middle School – we gather in the cafeteria
- 🎵 Band members have a second options for rehearsals:
  - Monday afternoon at the Wayland Town Building - band rehearsal begins at 3:30, most people show up between 3:00 and 3:30.
- 🎵 Our Swing Band and our Woodwind Choir rehearse Wednesdays 8:15-9:00

## **The band or string ensemble is also a social organization. . .**

- 🎵 The group is for adults who love music and want to make music together!
- 🎵 Break time is also social time with refreshments
- 🎵 Some people may go out together afterwards or even organize dinner in the school cafeteria before the rehearsals
- 🎵 We sometimes decide to go to concerts together
- 🎵 You can also join the group as a “Band Aide” or “Orchestrator” and be involved, even if you don’t wish to play an instrument – “Band aides” & “Orchestrators” help by setting up chairs, rooms, organizing events, taking care of the music, providing food, and being our enthusiastic audience and cheerleaders!

## **Concerts. . .**

- 🎵 Yes, there will be concerts!
- 🎵 We will have concerts in December & May (at the Middle School).
- 🎵 We have also had concerts at the Wayland town building and we frequently perform at assisted living facilities.
- 🎵 We sometimes get together with another New Horizons Group or collaborate with the Golden Tones
- 🎵 Sometimes we add some winds and percussion to the strings to have a piece with full orchestra
- 🎵 Perhaps we will be in a parade, either marching and/or riding a flat-bed truck unit (sure, strings can do this, too if you want!!!)

## **SVNHM’s teaching philosophy is. . .**

- 🎵 Make music from the first! (You don’t have to have all the notes in place to play musically)
- 🎵 Lessons will always circle back around and review, both to reinforce the learning and because, as adults, life and work may occasionally interfere and students may miss a lesson.
- 🎵 Lessons will also always move ahead of playing ability so that students can move ahead on their own if they wish (ex: work with rhythms and sing/speak more advanced exercises)
- 🎵 Your Best is Good Enough!!!
- 🎵 Each week students will need to hand in a practice chart signed by their children or other family members (Just kidding!!!)

## **Thoughts from NHIMA (New Horizons International Music Association). . .**

- 🎵 Music is not just for young people and professionals; it is for all mature adults who want to take part
- 🎵 Anyone can learn to play music at a level that will bring a sense of accomplishment and the ability to perform in a group

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## Class/Rehearsal Schedule:

- See our calendar link on the website for up-to-date schedules or go directly to:  
[www.bandnotes.info/svnhb/calendar.htm](http://www.bandnotes.info/svnhb/calendar.htm)

All Wednesday evening classes & rehearsals are 6:30–8:15 PM at the Wayland Middle School. All participants should come first to the cafeteria, sign in, leave coats and cases on the tables, and then go to the class or rehearsal space. (Wayland Middle School, 201 Main St., Wayland)

6:15 Teachers / conductors available for help/questions

6:30 PM – warmup & troubleshooting time

6:40 PM – classes/rehearsals – beginner/novice classes in small groups, help for our “I haven’t done this in years” people, and an intermediate band and intermediate string group

7:35–7:45 PM -- break – snacks in cafeteria

7:45–8:15 PM – continued rehearsal or class.

Monday afternoon rehearsals are at the Wayland Town Building. Contact Diane if you are interested in coming to the Monday group; the room is small and we need to know exactly who will be there at any time. Diane will give you more specifics on where “There” is, as our rehearsal space sometimes changes.

Our Monday rehearsals go from 3:30–5:00. Most people show up between 3:00–3:20. If you need some extra help, Diane or Linda is available at 3:00.

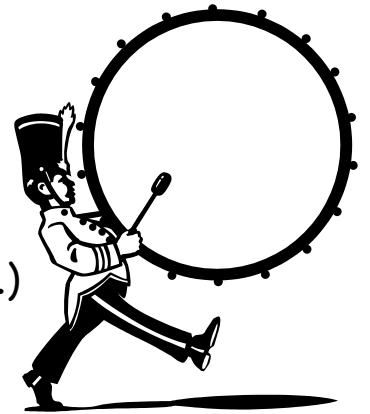
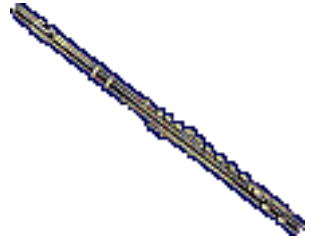


## Instruments to consider...

A "Concert Band" is made up of:



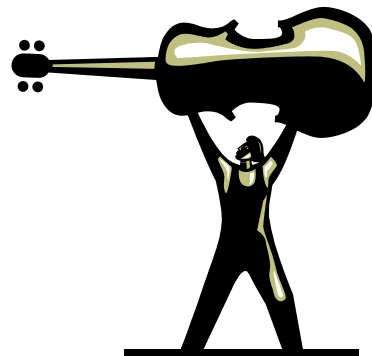
Flute  
Clarinet  
Bass Clarinet  
Oboe  
Bassoon  
Alto Saxophone  
Tenor Saxophone Baritone Sax  
Trumpet  
French Horn  
Trombone  
Baritone/Euphonium  
Tuba  
Percussion (drums)  
Mallet Percussion (xylophone, marimba...)



A "String Orchestra" is made up of:



Violins  
Viola  
Cello  
Double Bass



## Where do I get an instrument????

Remember - two **BIG** cautions: 1) Using an old instrument? Get it checked over and repaired. 2) **DO NOT** purchase an instrument at a department store; there is a reason that they are cheap! Go to a music store and get a good instrument; sure, get a student model rather than laying out a lot of money for a pro instrument, but get a quality brand like Yamaha, Bach, Selmer, Buffet, Fox, Artley, Gemeinhardt, Armstrong, LeBlanc-Vito, Besson, Holton, King, Ludwig, Vic Firth, etc. Of course, there are many other fine quality instruments as well; this list is not exhaustive. Ask one of us if you aren't sure!

Below are some local music stores and some that are further away, but are either worth the travel, or the store services local schools (schools are listed in parenthesis after the store info).

### FOR STRING INSTRUMENTS

Johnson String Instrument  
11 John Street  
Newton, MA 02459  
800-359-9351  
617-964-0954  
<<http://www.johnsonstrings.com>>[www.johnsonstrings.com](http://www.johnsonstrings.com)

Acoustic Bass of New England  
1511 Massachusetts Ave.  
Arlington MA 02476  
781-648-6355  
(showroom open by appointment only)

Some of the store below also deal in strings; ask.

### FOR BAND INSTRUMENTS

Wayland - Leonard's Music, 128 The Great Road  
Bedford, MA 01730, Phone: (781) 271-1189  
<https://leonardsmusic.myshopify.com/>

Acton - Osmun Music - (particularly good for brass instruments, especially for pro instruments) (978)823-0580 <http://www.osmun.com/> [sales@osmun.com](mailto:sales@osmun.com)



Sudbury - Sudbury Music Center Inc - 354 Boston Post Rd, Sudbury, MA 01776-3007, (978) 443-8610 a satellite Co for Rayburn Music in Boston

Framingham -- Center Music House - 18 Main St, Framingham, MA 01702-2908, Phone: (508) 875-0909 - <http://centremusic.com/> [info@centremusic.com](mailto:info@centremusic.com)

\*Natick - Strike Up The Band Inc - 5 Washington St, Natick, MA 01760 - (508) 655-9223 [StrikeUpTheBand@gmail.com](mailto:StrikeUpTheBand@gmail.com)

Acton - The Minor Chord - a satellite Co for Rayburn Music in Boston  
<http://www.theminorchord.com/> 77 Great Road  
Acton, MA 01720, 978-264-0299

Needham Music - 947 Great Plain Ave. Needham, MA 02492 - 781-444-6429,  
<http://needhammusic.com>

\*K & C Music Co, Inc (K & C Music) 273 Lenox St, Norwood, MA 02062-3497,  
(781) 769-6520, <http://www.kandcmusicco.com/>

\*Boston - Rayburn Music 238 Huntington Ave. Boston, MA 02115 (Across from Symphony Hall) <http://www.rayburnmusic.com/> Phone 617-266-4727 Toll Free 1-800-874-6767 - Tom Rinaldi, Northeast Educational Sales Manager,  
[tom@rayburnmusic.com](mailto:tom@rayburnmusic.com)

\*Westborough - Robinson Music Inc - 108 Milk St Ste 5, Westborough, MA 01581-1228, (508) 366-7007 <http://www.robinsonmusic.org>

\*Westborough - David French Music Company, 76 Otis Street, Westborough, MA 01581, telephone: (508) 366-5994 / fax: (508) 366-2343,  
<http://www.davidfrenchmusic.com/> - Alan Ventura, School Service Representative, [alan\\_frenchmusic@charterinternet.com](mailto:alan_frenchmusic@charterinternet.com)